

# How schools use VisionWorks



VisionWorks teaching programmes equip young people with the self-awareness and skills to make more positive choices about their learning.

Completely aligned with SEAL, our programmes are written by teachers for teachers and based on the same 5 key domains of Emotional Intelligence. Teaching students to recognise how their behaviour is driven by their emotions, we show them how to exercise the power of positive choice in that process.

<b>My World</b>	emotional literacy for KS2
<b>It's OK Being Me</b>	emotional literacy for KS3
<b>Discovering Me</b>	emotional literacy for units outside mainstream education
<b>Insight Series</b>	short programmes for KS3

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## 1. Henbury School, Bristol

This inner city comprehensive introduced VisionWorks for Y7 in January 2008, and will roll it out for Y8 and Y9 in the next two years. **It's OK Being Me** is taught during 20 minute tutor registration periods once or twice a week. At a regular feedback session, students reported that the programme helped them to get to know each other better, and that they 'enjoy the calm after manic lunch times'.



## 2. Oakhill Primary School, London

At Oakhill Primary School in London, **My World** is taught with Yr 6. Assistant Headteacher Angie Bull sets aside half an hour a week during PSHE lessons to focus on the activities. She reports that pupils look forward to the lessons and are starting to be more considerate towards one another. They are starting to acknowledge that when some one is grumpy or ignoring them it isn't necessarily their fault and that the other person may be pre-occupied for a different reason.



*"We are in the process of encouraging the children to ask questions of each other not just make assumptions. I enjoy using the programme and use some of its content when advising other teachers on behaviour strategies. The Transition module was particularly useful for Y6 pupils preparing for secondary school when I used it last term and I will indeed use it again with my current class."*

*My World was also successfully used in my previous school. We had three form entry and all three class teachers felt it made a considerable difference to the way children coped. It was particularly good at showing how bullies felt."*



### 3. Springfields School, Wiltshire

The Springfields School Emotional Literacy centre uses **Discovering Me** in a project for up to 40 pupils from Year 6 – 9 who are at risk of exclusion from their mainstream schools in North Wiltshire. Pupils come for one day a week and focus on emotional literacy skills in the classroom in the morning followed by outdoor activities in the afternoon. During the first year of this project there was a significant reduction in short-term exclusions, and pupils, parents and teachers reported substantial improvements in self-esteem, friendships, and attitudes to behaviour and attendance.

For the last five years VisionWorks **It's OK Being Me** has been delivered to students in this residential setting by care staff outside school hours.

*“We know that it helps our young people to succeed . . . our students have been able to reflect through visualizations, creative activities, scoring emotions at the beginning and end of the session . . . all of these have proved vitally important in the success of Emotional Intelligence for our children.”*

Shawn Brown, VisionWorks co-ordinator



### 4. St Benedict's School, London

An independent secondary day school which is affiliated to the Catholic church, St. Benedict's started using the programme in 2008 with the new Y7 intake. The schools sees **It's OK Being Me** as supporting the ethics and ethos they are promoting, and realizes that regular input throughout KS3 will pay dividends in KS4.

### 5. Serlby Park School, Doncaster

At this 3-18 community comprehensive, KS3 students are in their third year of enjoying **It's OK Being Me**. They began implementing the material for Y7 only, and this group is finishing the course in Y9 in 2011. Now well established in the school, each new Y7 cohort starts the programme and continues to completion in Y9.

*“A high percentage of students report that doing VisionWorks has helped them with their behaviour. Staff like the programme because they can pick it up and go with it.”*

*VisionWorks is part of a whole package which schools can use to improve behaviour and learning.”*

Mairi Murray, PSHRE co-ordinator

