

# 9

## Module 9

# A mistake is a step to success

“The only real mistake is the one from which we  
learn nothing.”

**John Powell, composer**

### Objectives

By the end of this module pupils will have:

- realised that feeling guilty is unhelpful and stops us learning the lesson
- seen that they can learn from their mistakes
- realised that they can choose their attitudes, and change negative attitudes into positive ones
- created two acrostic poems
- experienced the effect of choosing a positive attitude.

Pupil activity

# Unit 42 Our choices shape our attitudes

## You will need

- to work in groups of three or four.



## The aim of this session is to understand how our attitudes affect our lives.

Our attitude is one of the most important things in our lives; it is shaped by the choices we have made in the past or are making in the present. Our emotions come from our attitude.

When we make the same choices a number of times this becomes our attitude. If my attitude is, 'I can't read well', then I probably won't be able to. For example:

Molly finds reading difficult and decides that she is no good at it and chooses not to make an effort.

In the next literacy lesson, Molly still has the attitude that she can't read, so she chooses not to participate in class. She refuses to share a book with another child, pretending that she doesn't like the boy, when, in fact, it is because she is much slower and cannot keep up. When the teacher calls on her to read out loud, she is rude to the teacher and gets sent out of class for a time-out.

Now Molly believes that she is so bad at reading that she chooses not to do her homework. Molly continues to make choices that reinforce the attitude that she is no good at reading. Finally she fails her comprehension test.

Molly's attitude has created the experience of failure.

## Action

How could a positive attitude have made a difference to Molly?

In groups of three or four retell the story where you make positive choices. What experience does the new attitude create – how does the story change?

How does the new attitude feel?



## Thought to go

*'If you think you can, you can. And if you think you can't, you're right.'*

**Henry Ford, car manufacturer**

# Pupil activity

## Unit 45 Coping with change



### You will need

- to sit with your buddy
- your notebook
- sheet of A5 paper for each pair of buddies
- colour pens/pencils.



**The purpose of this session is to think about your transition to secondary school, to discuss your feelings about the new school, what you think you will learn and how you will cope.**

It is exciting and sometimes frightening to go to secondary school. There are new things to learn the school is much bigger. You have lots of different teachers and more homework. You will also make new friends and believe it or not have FUN!!

### Action



With your buddy write down all the things that concern you both about secondary school.



Your teacher will lead a discussion with the whole group and write down the ten most common concerns.

As a group, come up with suggestions to make the experience a smooth transition.



### Thought to go

REMEMBER.....

*'The only person who is educated is the one who has learned how to learn... and change.'*

**Carl Rogers, psychologist**

